



Yealmpstone Farm Primary School Physical Education (PE) Policy (2025–26)

Introduction

At Yealmpstone Farm Primary School, we believe that Physical Education (PE) is essential for every child's development, promoting health, well-being, teamwork, and confidence. PE is a key driver of physical literacy, enabling pupils to move confidently, competently, and creatively throughout their lives. Our curriculum nurtures motivation, resilience, and enjoyment of physical activity, helping pupils build a lifelong positive relationship with movement.

Through the Oak National Academy PE curriculum, we deliver engaging, inclusive, and progressive learning experiences that support every child's physical, social, and emotional growth.

Aims and Objectives

Our PE programme aims to:

- Develop pupils' physical literacy, including fundamental movement skills, coordination, balance, agility, and control.
- Build pupils' confidence, motivation, and understanding so they can participate in physical activity independently and with enjoyment.
- Promote teamwork, cooperation, communication, and respect through shared physical experiences.
- Encourage pupils to lead healthy, active lives and understand the benefits of exercise.
- Provide opportunities for all pupils to take part in competitive sports and represent the school.
- Embed the School Games Values — *Determination, Passion, Respect, Honesty, Self-Belief*, and *Teamwork* — across all lessons, clubs, and events.

Curriculum & Delivery

All pupils receive two hours of high-quality PE per week, delivered through the Oak National Academy PE curriculum. This curriculum provides clear progression in knowledge, skills, and physical literacy from EYFS to Year 6.

Our lessons include:

- Team sports and games (football, netball, hockey, rugby)
- Individual disciplines (gymnastics, athletics, swimming)
- Outdoor and adventurous activities, including our bespoke Cross-Curricular Orienteering programme

- Dance and movement, developing rhythm, expression, and coordination

Swimming Provision

Swimming lessons and top-ups are delivered externally at the Life Centre Plymouth, ensuring pupils benefit from high-quality instruction, specialist facilities, and safe, supervised teaching environments. This supports pupils in developing essential water safety knowledge and swimming competence. We believe this is especially important to our community in Plymouth as the ‘Britain’s Ocean city.’

Cross-Curricular Orienteering

We work with Cross-Curricular Orienteering, who have mapped our school site and created bespoke learning resources tailored specifically to Yealmpstone Farm. This enables pupils to develop navigation, problem-solving, teamwork, and physical literacy through meaningful, site-specific activities that link directly to our curriculum.

Staff Development

We continue to work closely with the Plymouth School Sports Partnership (PSSP), accessing CPD, coaching support, and enrichment opportunities that strengthen staff expertise and enhance pupil experience.

Competitive Sport & Representation

Yealmpstone Farm is committed to ensuring that every child in Key Stage 2 has the opportunity to represent the school competitively during their time with us.

We achieve this by:

- Partnering closely with PSSP to access a wide range of festivals, competitions, and inclusive events.
- Selecting events that suit pupils’ strengths, interests, and developmental needs — ensuring representation is meaningful and positive.
- Using the School Games Values to guide selection, preparation, and participation.
- Offering both competitive and development-level opportunities so all pupils can experience success, teamwork, and pride in representing the school.

This approach ensures that competitive sport is inclusive, accessible, and aligned with our physical literacy vision.

The Role of the PE Co-ordinator

The PE Co-ordinator ensures that PE is engaging, inclusive, and aligned with national expectations and physical literacy principles. Responsibilities include:

- Leading the development and implementation of the Oak Academy PE curriculum.
- Monitoring teaching and learning through yearly observations to ensure our vision is embedded.

- Supporting staff with planning, modelling best practice, and developing confidence in delivering PE.
- Organising inter-school competitions, sports events, and extracurricular activities.
- Liaising with PSSP to secure high-quality CPD and specialist coaching.
- Overseeing the maintenance and safety of equipment and facilities.
- Promoting a positive sports culture across the school.
- Engaging the Sports Council to ensure pupil voice shapes our provision.
- Ensuring Yealmpstone Farm is equipped with high quality equipment to best facilitate PE learning.

Inclusion & Accessibility

PE at Yealmpstone Farm is inclusive and accessible for all pupils. We ensure:

- Adaptations to equipment, tasks, and environments to meet individual needs.
- Support for pupils with SEND to participate meaningfully and confidently.
- A welcoming, positive environment where all pupils feel valued and capable.
- Opportunities for every child to succeed, regardless of ability or experience.

Extracurricular Activities & Enrichment

We provide a rich range of opportunities beyond curriculum time, including:

- After-school sports clubs
- Inter-school tournaments and festivals
- PSSP events designed for pupils of all abilities
- Sports Days celebrating teamwork and physical achievements
- Healthy Schools Week, offering traditional and non-traditional sports workshops that encourage lifelong activity levels

These experiences strengthen physical literacy, confidence, and enjoyment of movement.

Health & Safety

We follow strict health and safety measures to ensure a secure learning environment. This includes:

- Regular equipment checks to prevent hazards
- Clear guidelines on appropriate clothing and footwear, published in our PE Kit Policy
- Supervised activities with trained staff to ensure pupil safety

“We follow strict health and safety measures to ensure a secure learning environment.”

Assessment & Progress

Assessment in PE focuses on:

- Development of physical literacy and fundamental movement skills
- Application of knowledge, understanding, and decision-making in physical contexts
- Pupil engagement, confidence, and willingness to participate
- Self-reflection, goal setting, and personal improvement

Teachers use ongoing observations and formative assessment to support progression and celebrate achievement.

Activity Tracking & Equity

At Yealmpstone Farm, we are committed to ensuring that every child has access to meaningful physical activity opportunities both inside and outside of school. To support this, we track pupils' activity levels across a range of indicators, including:

- Active travel (walking, cycling, scooting to school)
- Participation in school sports clubs
- Engagement in external sports clubs and community activities
- Representation in school teams and PSSP events

This data enables us to identify patterns, celebrate engagement, and — importantly — apply an equity lens to our provision. By understanding which pupils may be less active or face barriers to participation, we can:

- Target specific children for additional opportunities
- Offer personalised encouragement and support
- Prioritise pupils for appropriate PSSP events
- Ensure our competitive and enrichment offer is inclusive and accessible

This approach ensures that physical activity at Yealmpstone Farm is not only high-quality but also equitable, enabling every child to thrive.

Conclusion

At Yealmpstone Farm Primary School, PE is more than a subject — it is a vital part of pupils' physical, social, and emotional growth. Through the Oak National Academy curriculum, a strong focus on physical literacy, the School Games Values, external swimming provision, bespoke orienteering, robust activity tracking, and a commitment to inclusive competitive opportunities for all KS2 pupils, we ensure every child has the chance to thrive, enjoy movement, and develop the foundations for an active, healthy life.

Approved by:	(Name)	Date: (Date)
Last reviewed on:	(Date)	
Next review due by:	(Date)	

