

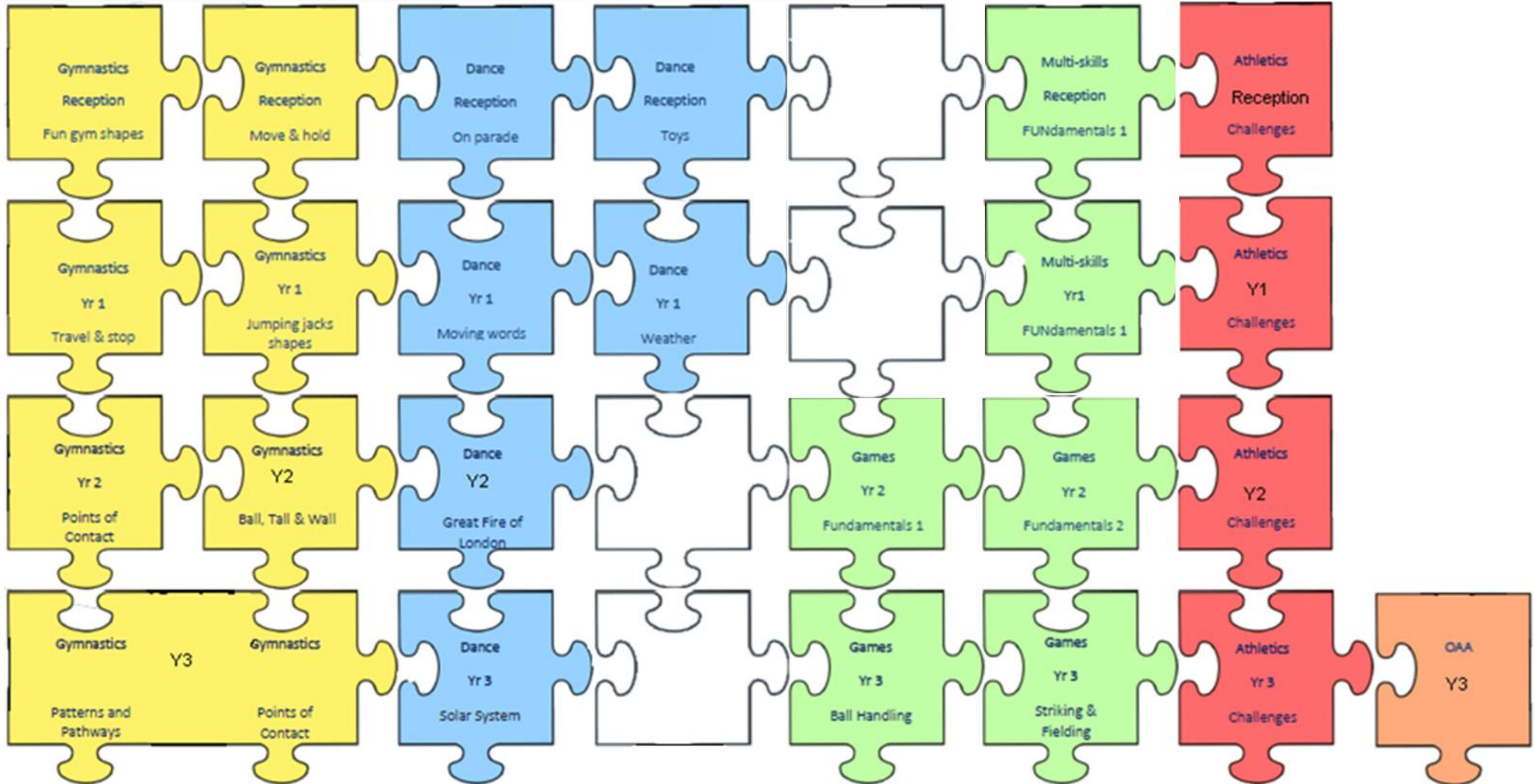
# YFPS PE Jigsaw

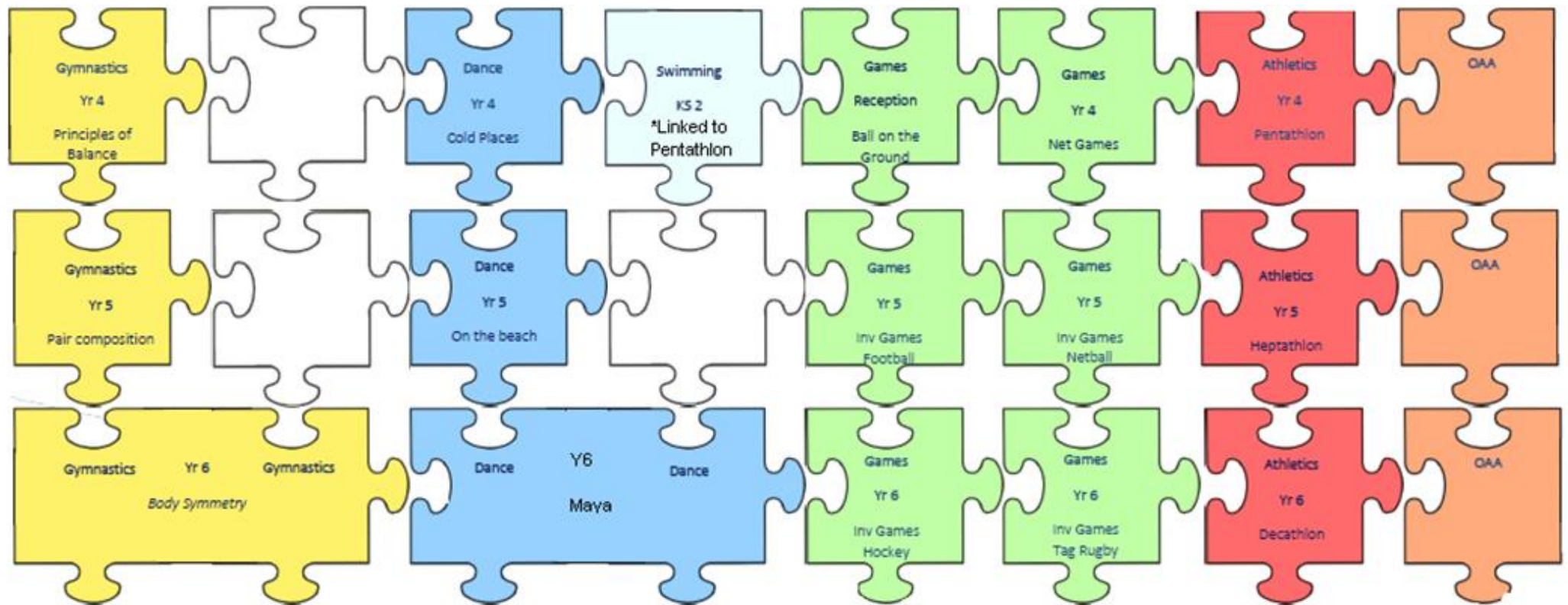
• Negotiate space and obstacles safely, with consideration for themselves and others.

• Demonstrate strength, balance and coordination when playing.

• Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.

ELG





KS3

develop their technique and improve their performance in other competitive sports [for example, athletics and gymnastics]

perform dances using advanced dance techniques within a range of dance styles and forms

use a range of tactics and strategies to overcome opponents in direct competition through team and individual games [for example, badminton, basketball, cricket, football, hockey, netball, rounders, rugby and tennis]

take part in competitive sports and activities outside school through community links or sports clubs.

develop their technique and improve their performance in other competitive sports [for example, athletics and gymnastics]

take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a