

### **Self portraits**

Use a mirror and draw a picture of yourself.

- What colour are your eyes?
- What colour is your hair?
- Where are your eyebrows, ears, nostrils?

*EYFS – Personal, Social & Emotional Development/ Expressive Arts & Design*

### **Favourite toys**

- What is your favourite toy?
- What were the favourite toys of other people in your family? Have they still got them or can they find a picture of it?

*EYFS – Knowledge & Understanding of the World*

### **Family Photos**

- Look at photos of your family when they were younger.
- Can you guess who they grew up to be?
- How have you all changed?

*EYFS – Communication, Language & Literacy/Knowledge & Understanding of the World*

### **Shadows**

- Use your bodies to create shadow shapes.
- Use chalk to draw around your shadows.

*EYFS – Physical Development/Expressive Arts & Design*

### **Developing Independence**

- Who can put on their coat the quickest?
- Put on your shoes by yourself.
- Get dressed by yourself.

*EYFS – Personal, Social & Emotional Development/Physical Development*

### **Your family**

- Measure everyone in your house. Who is the tallest/shortest?
- Draw around everyone's hands and/or feet. Whose are the biggest/smallest?
- What colour eyes/hair does everyone have? You could make a tally chart to record your answers.
- Find sticks on your walk to create a stick family – what size stick do you need for each person?
- Create a simple family tree.

*EYFS - Mathematics*

### **VE Day 75<sup>th</sup> Anniversary Celebrations**

- ❖ Decorate some bunting to hang in your windows or in your garden
- ❖ Bake some buns for a garden party
- ❖ Make a paper crown
- ❖ Do you have any relatives in your family who can remember VE Day?

Useful link:

<https://www.bbc.co.uk/programmes/articles/4TrqYDyf4PMdLypxzyTwGDg/great-british-bunting>

## **Ourselves & our families**

### **Physical Activities**

- How many jumps/star jumps/ laps of your garden can you do in one minute?
- How long can you balance on one leg for?

*EYFS – Physical Development / Mathematics*

### **Letters and Sounds**

- Write your name using different mark-making items (e.g. pencil, pens, paint, paintbrushes & water, chalk, sticks in mud)
- Write down all of the names in your family. Can you find some letters that you know (i.e. s, a, p, d, i)? Are any of the letters the same?
- Rhyme parts of the body with other words (e.g. eye – pie, lips – pips, toe – crow).

*EYFS – Communication, Language & Literacy/Literacy*

### **Feelings**

- What makes you feel happy or sad?

*EYFS – Personal, Social & Emotional Development*

### **Songs:**

- Heads, Shoulders, Knees and Toes
  - One finger, one thumb keep moving
  - Aiken Drum
  - If you're happy & you know it!
  - My Head, my shoulders, my knees, my toes
- <https://www.youtube.com/watch?v=rUPZTOXAc00>

### **Useful links**

Mr Tumble – All About Me, Myself & I  
<http://youtu.be/j6QqNQgFmYE>

<https://www.bbc.co.uk/teach/school-radio/nursery-rhymes-songs-index/zhwdgwx>

<https://www.twinkl.co.uk/> A range of free resources to explore.