



Kit and Jewellery Policy for PE 2025

At Yealmpstone Farm, Physical Education (PE) is a key area of learning within our curriculum. PE plays a vital role in the physical and emotional development of all children as well as building the foundations for a lifelong healthy lifestyle. All children are provided with 2 hours of timetabled PE within the curriculum and will have access to further opportunities throughout the school day to be physically active. In order to participate safely and comfortably, a suitable PE kit is essential. As part of the school uniform, children are required bring a PE kit to school. If children are not ready for PE, they will be engaged through other roles (such as coach/ umpire/referee or leader) but this is not sustainable and the PE kit is part of our agreed school uniform. If a child does not have their school uniform, then a message will be sent home. Children will get changed for PE in school.

For PE lessons, all children will need...

Gymnastics & Dance

- Bare feet
- Black Shorts – not jogging bottoms.
- House coloured t-shirt

Games/Athletics/Outdoor Adventurous Activities

- Trainers or plimsolls
- Black shorts – If the weather is extremely cold, the teacher will message parents if jogging bottoms are suitable.
- House coloured t-shirt - these are not interchangeable with other similar coloured T-shirts.

Please write your child's name on the label of all of their kit to help us to return any misplaced items to the correct owner.

Jewellery

- In order to minimise the potential risk of harm to your child, Yealmpstone Farm Primary School insists on a no jewellery policy for PE in line with the recommendations from the Association for Physical Education (*'Safe Practice: in Physical Education, School Sport & Physical Activity. AfPE. 2020*)
- If you are going to have your child's ears pierced, we ask that, if possible, you do so at the start of the summer holidays so that the healing time will not impact their learning in PE

- If children are not able to remove their own earrings, we ask that parents do this prior to them attending school on the mornings that they have PE
- The expectation is that all children will remove earrings for every PE lesson. Taping of earrings is at the discretion of the classroom teacher: should they deem it to be fit for purpose. Should it not be viable, the child will not be able to physically take part in the lesson, but will be given an alternative role to play. It is not the responsibility of the class teacher to tape earrings or provide tape.
- All other jewellery should be removed. This also applies to the wearing of watches/sports watches/fitness trackers and any other accessory which may lead to injury.

If you are unable to provide a PE kit please speak to the PE co-ordinator or Head teacher.